

University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service

> **Warren County** Extension Office

Our office is open each Monday-Friday

8:00 a.m. to 4:30 p.m.

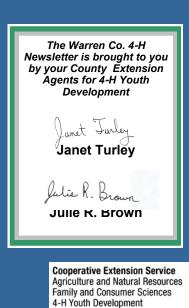
(With the exception of Holidays.)

### WARREN COUNTY 4-H NEWSLETTER February/March 2021 sg

Cooperative Extension Service Warren County 5162 Russellville Road Bowling Green, KY 42101 (270) 842-1681 www.warrencountyextension.com

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Community and Economic Development

# AG TAG PROGRAM

A great big THANK YOU goes out to all Warren County farmers who contributed a \$10 donation to the Ag Tag Program last March when they renewed their license plate tags. Warren County brought in the most donations of the entire state of KY. The money collected is split three ways between 4-H, FFA and KY Proud. The Warren County 4-H Council uses their monies for leadership programs and 4-H Camp transportation expenses. A special thank you to the Warren



County Court Clerk's Office, Lynette Yates and staff for supporting this worthwhile program! Julie and Janet both serve as contacts for the Ag Tag Program

# SALUTE TO 4-H CLUBS

During this crazy time of the *pandemic* the Warren County 4-H Agents and 4-H Club Leaders have still managed to continue parts of our regular 4-H program. It certainly has looked different than normal but we are still engaging 4-H members. Hats off to the following clubs who have strived to continue their 4-H Clubs. These clubs have gone virtual until further notice. All clubs are still taking new membership: Cooking



(4<sup>th</sup> Tuesday), Horse Club (1<sup>st</sup> Tuesday), Leadership (3<sup>rd</sup> Thursday), Livestock (3<sup>rd</sup> Tuesday), Poultry (will start back up in May), Rockfield (3<sup>rd</sup> Tuesday), SET (2<sup>nd</sup> Tuesday), Vet
Science (1<sup>st</sup> Thursday), Woodburn Richpond Club (1<sup>st</sup> Tuesday). Call the Extension Office, 842-1681, if you are interested in joining any of these clubs.

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#### Disabilities accommodated with prior notification.

LEXINGTON, KY 40546

WARREN COUNTY 4-H NEWSLETTER

# HOLIDAY CHEER CONTEST



The 4-H Leadership Club decided to spice up the holidays by coordinating a Holiday Cheer Photography Contest. Members were able to submit photos in the following categories: Holiday Décor, Festive Pet, and Best Christmas tree. We had several entries. The pictures were uploaded to the Warren County 4-H Facebook page and the public got to vote for the best one in each category. Congratulations to Avenley Cole who won two categories: Festive Pet and Best Christmas Tree and Heidi Brooks who won Best Décor. A \$10 gift card was awarded to the winners of each category. *Janet is the contact for the 4-H Leadership Club*.

## COUNTY COMMUNICATION WORKSHOP & CONTEST: VIRTUAL

The 4-H Communications Contest will once again be a virtual contest because of the pandemic. What does this mean? Contestants will create a video of their speech or demonstration and email the video link to the Warren County 4-H Gmail account

(warren4h@gmail.com). Judges will score the video using the 4-H scoresheet for speeches and demonstrations. Winners will be announced in each category. Contest information can be found on our website at:

https://www.warrencountyextension.com/communications -program. The deadline to register for the speech and/or demonstration contest is Monday, April 5. The date to email your video link is April 12.

Not sure how to do a speech or demonstration? There will be a virtual Communications Workshop on February 22 at 6 p.m. Participants were learn how to write a speech/ demonstration, create demonstration posters and how to

submit videos. Sign up no later than February 15. We will send a zoom link for the virtual workshop after sign-ups. Julie is the contact agent for the demonstration contest and Janet is contact for speeches.



# VIRTUAL MOCK INTERVIEW CONTEST

The Mock Job Interview Contest is a public speaking contest that give members an opportunity to practice real-life skills by applying and interviewing for a job. Contest details include applying for the following fictitious jobs: Vet Technician, Coffee Bar Attendant, Photographer, and Retail Sales Associate. This contest is for 14-18 year olds.

We will be doing this contest virtually. Members should register by April 5th and the contest will be April 13th. The mock interview will include a phone interview and possibly video conference. We will assign times for the interviews depending upon how many register. For more information about the mock interview contest check our website at: <a href="https://www.warrencountyextension.com/communications-program">https://www.warrencountyextension.com/communications-program</a>. Julie is the contact agent for mock interview contest.

## SOKY FAIR: JULY 19-24

Has boredom set in? Why not keep your mind focused and start a project for the SOKY Fair? The 4-H Project Booklet is included in this issue of the Warren County 4-H newsletter. Read your information carefully. Remember you must adhere to rules and regulations as established in the publication. Once again, State Fair entries will be selected from SOKY Fair 4-H project exhibit champions. The State Fair is scheduled for August 19-29, 2021 in Louisville, KY. *Julie serves as contact agent for the SoKY Fair Floral Hall Exhibits*.

# TWAS THE NIGHT BEFORE CHRISTMAS

The 4-H Leadership Club has been very active this winter. The club did a reading of "Twas the Night before Christmas" on the Warren County 4-H Facebook page. If you missed it, you should go back and check it out. We've got some good actors/readers! The page reached 1312 people and was viewed 899 times! Way to go 4-H Leadership Club! *Janet is the contact for the 4-H Leadership Club*.



# SET CLUB: EXPERIMENTS TO TRY AT HOME



Our 4-H SET Club will rival Bill Nye the Science Guy. Our 4-H SET Club Leader, Jason Cole and his two assistants, Avery and Avenley, have been coming up with some exciting experiments that anyone can do at home. The latest experiment dealt with uncooked eggs. I haven't tried this experiment yet (I'm a little afraid of the potential mess) but the Cole girls pulled it off without a mess. They hope you go to the Warren County 4-H Facebook page to try out the egg-citing experiment. And they hope you have "eggcellent" results with the eggperiment. And that's no eggageration! *Janet is the contact for the 4-H SET Club*.

## COUNTRY HAM PROJECT

We have 12 youth and 2 Cloverbuds participating in the Country Ham Project this year. Every participant will receive two country hams. The curing process will take place at Clifty Farms in Scottsville, KY. Participants will be required to give a speech during the Kentucky State Fair and will also have their ham judged for quality. *Julie serves as the contact agent for country ham*.



#### SAVE THE DATE: 4-H CAMP 2021

Mark your calendars for July 26-30 for Warren County's week at West Kentucky 4-H Camp. 4-H Camp is open to any 9-15 year old in Warren County. We have a Covid Plan in place with a limited capacity of campers and volunteers. The cost will be \$250 and will cover transportation, meals, t-shirt, and whole lot of fun. Applications and fundraising opportunities will be available in April. Julie and Janet both serve as contact agents for 4-H Camp.



#### MARK YOUR CALENDAR: CLOVERBUD CAMP 2021

West Kentucky 4-H Cloverbud camp will be held on June 18-20. Cloverbud Camp is open to any 5-8 year old youth in Warren County. A parent/guardian has to attend cloverbud camp with the camper. We have a Covid Plan in place with a limited capacity of campers and parents. The cost will be around \$125 for campers and \$100 for parent/guardians. The cost cover lodging, meals, t-shirt, and whole lot of fun. Applications and fundraising opportunities will be available in April. *Julie serves as contact agents for 4-H Cloverbud Camp.* 

#### WARREN COUNTY 4-H NEWSLETTER

## DONATIONS FOR A GOOD CAUSE



New Beginnings Therapeutic Riding got a pleasant surprise in December when they found out they were the recipient of a community action project conducted by Amber Shirley, Warren County 4-H Member. Amber planned and organized this project by asking the community

for specified donations to help New Beginnings. Many thanks to the Warren County businesses who donated towards this project! This was Ambers last year in 4-H and a great way to go out with a bang!

# POSTER ART CONTEST

All youth who are interested in entering the Warren County 4-H Poster Art Contest must have entries to the Warren County Extension Office by Wednesday, March 31st. All entries will be entered by age categories as of January 1, 2021. A champion will then be selected in each age category (with the exception of Cloverbuds) to advance to the multi-county competition.

Contest Rules Include:

- Poster must be created by a currently enrolled 4-H'er.
- Well-known cartoon figures that are copyrighted cannot be used.
- All posters must be designed on, or affixed to poster board of 14 x 22 inch dimensions. (This is ½ of a standard poster board size).
- Any medium watercolor, ink, crayon, acrylic, charcoal, oils, collages may be used to produce posters as long as they are not three dimensional.
- 4-H must be the topic of the poster
- Youth MUST include the following information on the back of their poster: Name; Age (as of 01/01/2021); Address; Club; County; and a brief artwork interpretive statement. Contact the Warren County Extension Office for additional information.



Julie serves as contact for the poster art contest.



Calling all 4-H members! We are looking for members who would like to share their 4-H project with the general public for a 4-H Spotlight promotional video. This could be highlighting a specific 4-H project or highlighting several projects that you are involved in. Our intent is to showcase the impact 4-H has made in your life. All interested members will be interviewed via a zoom call that will last no more than 5 minutes. You will submit pictures of your project to go along with the video we produce. The completed video will be aired on the Warren County 4-H Facebook page. If you are interested in the 4-H Spotlight Project, contact the Warren County Extension Office to get signed up. *Janet Turley is contact for the 4-H Spotlight project.* 

## VIRTUAL TEEN SUMMIT

Ready to have some fun? Are you in the 6th, 7th, or 8th grade? Why not participate in the Virtual 4-H Summit on March 18-20. This outstanding virtual conference provides a great mix of networking time, virtual camp fire, leadership skills and plenty of fun for middle school youth. The schedule has been modified so no one misses school time includes Thursday 6 pm-9pm, Friday 6pm-9pm, and Saturday 9am-1:30 pm. The cost of the three day virtual conference is \$25. The Warren County 4-H Council is helping sponsor part of the registration cost. Please contact the Extension Office for registration information or visit our website:

https://www.warrencountyextension.com/teen-summit. The deadline for application and monies is Friday, February 26th. *Julie is the contact agent for 4-H Summit.* 

## DON'T FORGET TO RE-ENROLL IN 4-H

This year we are using a new on-line enrollment system that will allow parents/guardians to enroll their 4-H member(s) into 4-H completely on-line. Visit our website for more details: <u>https://</u>

<u>www.warrencountyextension.com/join-4-h</u>. If you have any questions please contact the Warren County Extension Office at 270-842-1681.

\*Parents not wanting to enroll their child online can pick up a paper enrollment from at the office.

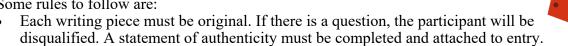
\*The first 100 Warren County 4-H members enrolled in the on-line format will receive a free 4-H face mask. *Julie and Janet both serve as contact agents for the 4-H enrollment program.* 

This is the third year for the written communication contest for 4-H members to participate in. It is open to both Jr. & Sr. members.

The categories included are:

- Songwriting (lyrics only)
- Poetry (3 line minimum and 25 line maximum)
- "What 4-H Means to Me" Essay (minimum 500 words)
- **Original Monologue**
- Press Release (maximum of 1,000 words)
- Public Service Announcement

Some rules to follow are:



- All entries are to be on 8 1/2" x 11" paper, with the entrant's class, name, and county on a cover page and last name typed on every page. Please include scoring guide, and statement of authenticity at the back of the piece.
- Entries are to be double-spaced, typed with Calibri size 12 font white paper. (Songs may be single spaced within verses, chorus and bridge and double spaced between each of these.)
- The Songwriting can be found in the National 4-H Curriculum Picking up the Pieces, page 26. Information on Poetry can be found here: Ohio State University The Writer in You, page 32. Press Release and Public Service Announcement is National 4-H Curriculum Putting it Together, page 26. Monologue can be found in the National 4-H Curriculum Theatre Arts Level 1- Beginner, page 17. (The extension office has copies of these curriculums)

Also you will need to contact Julie to get a copy of the cover letter and statement of authenticity that will need to be submitted with your materials.

All entries must be submitted by Friday, February 26th. If you have any questions please contact Julie at the extension office. Julie serves as contact for the 4-H written communication contest.

# ACHIEVEMENT AWARDS

The 4-H Achievement Program recognized our outstanding 4-H members not only for their accomplishments on the county level, but also on the district, state, and national levels. The following 4-H members have received recognition for their accomplishments. Neal Brown, Avenley Cole, Kenna Graham, and Piper Hosay received their Clover Level 2. Brighton Bergner, Christopher Sweets, and Anabeth Webster received their Clover Level 3. Jonas Hosay and London Bergner received their Bronze Honor. Cricket Bergner, Avery Cole, Grace Graham, and Bradley Webster advanced to state to compete for the Silver Honor, where only the top 60 in the state will be awarded this honor. On March 6th Tyler Graham and Isaac Hosay will go through an interview competition where they will hopefully be selected as one of the top 30 in the state to receive their Gold Honor. Anna Sweets has applied to be an Emerald Winner, results will be announced in June. Kendall Willingham and Amber Shirley also participated in the achievement program. Congratulations to these outstanding 4-H members!! Call the extension office to learn more about the Achievement Program. Julie is contact agent for the 4-H Achievement Program.

### www.facebook.com/warrencounty4H



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## BUNDT CAKES WERE A HIT!



Thank you to everyone who sold Nothing Bundt Cakes for the John Swack 4-H Scholarship Fund! Warren County sold over 700 cakes and raised **over \$1400** for the scholarship fund. Caitlyn Wimpee from the Woodburn Rich Pond 4-H Club was the top seller by selling **175** 

mums!! Julie and Janet both serve as contact for the Nothing Bundt Cakes sells.

# HORSE DATES

Pandemic or not...the show will go on! Great news! We are making plans to move forward with the State 4-H Horse Knowledge Contests AND the State 4-H Horse Show! **Knowledge Contests**- June 2-4, 2021. This includes horse judging, hippology, horse bowl, communications contests, crafts and photography. More details will come later. **State 4-H Horse Show**- July 3-8, 2021 at the KY Fairgrounds in Louisville, KY. The traditional schedule has changed so please check with Janet before you schedule your vacation days. **District 6 4-H Horse Show**- Tentative Schedule- June 14-16, L.D. Brown Expo, Bowling Green. More information at a later time for district horse judging and hippology contests. *Janet is the contact agent for Horse*.

# VIRTUAL AREA ACHIEVEMENT BANQUET

Congratulations to the 67 youth and adults recognized at the recent Mammoth Cave 4-H Night of Champion Banquet from Warren County. A big round of applause goes to *Dr. Elaine Painter* for receiving the Walter Sexton Outstanding 4-H Leader Award and *Isaac Hosay* for receiving the Outstanding Mammoth Cave 4-H Teen Award. The Better Together and Leadership 4-H Club for their community pride projects.

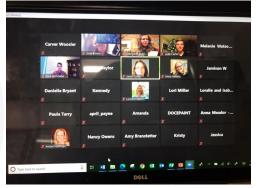
Youth who received awards at the banquet were: Mallory Alford, Carissa Barnhouse, Baylee Jo Belcher, Cricket Bergner, Brighton Bergner, London Bergner, Ethan Brown, Neal Brown, Ryan Brown, Avenley Cole, Avery Cole, Zoe Collier, Grace Graham, Kenna Graham, Tyler Graham, Jet Harper, Sam Harrington, Cade Hawkins, Zane Hawkins, Elivia Heard, Ellis Heard, Piper Hosay, Isaac Hosay, Nena Howard, Maddie Kingery, Thomas Kirby, Alexander Martin, Joshua Martin, Nicholas Martin, Emma McMurtrey, Madison Metzger, Tucker Metzget, Maddie Moore, Michael Ray, Morgan Ray, Cole Renfrow, Harrison Shaff, Hayden Shaff, Amber Shirley, Anna Stanley, Anna Sweets, Christopher Sweets, Caden Taylor, Isabella Taylor, Layna Taylor, Loralie Taylor, Anne Walther, Clare Walther, Simon Walther, Anabeth Webster, Bradley Webster, Shelby Weckerly, Molly Whittaker, Kendall Willingham, Carver Woosley, and Jamison Woosley.

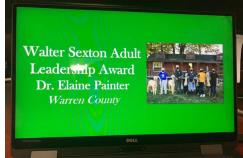
Congratulations to the following adults who were also recognized: Nathan Adkins, Sharayha Clingenpeel, Catherine Cowles, Abbey Dickerson, Wanda Dodson, Alys Howard, Nena Howard, Jessica Payne, Josiah Reckart, Anette Ross, and Julie Sweets.

Congratulations are extended to these well deserving youth and adults! Both Julie and Janet are contact agents for the Mammoth Cave 4-H Night of Champions.

Community Pride Multi Clubs Leadership & Better Together 4-H Clubs Warren County







# INTERESTED IN SHOWING LIVESTOCK?



Attention all 4-H members interested in showing livestock this year. There are rules and guidelines you must follow in order to be eligible to show. The first rule is that every member must get a minimum of 6 hours of education conducted by a certified livestock leader. If you are not participating in the 4-H Livestock Club, get involved now. Meetings (virtual) are the 3<sup>rd</sup> Tuesday of each month at 6 p.m. Contact Janet Turley to get enrolled and get the zoom link and specific dates/information for market/breeding animal nomination forms and process. Important dates and information below:

Market steers/heifers- tags must be ordered between January 26-February 26 with DNA submission deadline by March 26.

Market goats, sheep, swine- tags must be ordered between March 29-April 30 with DNA submission deadline by May 28.

Breeding Animal Nomination Forms- these are due to Janet Turley no later than May 25.

Please contact Janet Turley for more specific information on how to nominate an animal to show. You can contact her at: <u>jturley@uky.edu</u> or 270-842-1681.

### LIVESTOCK SKILLATHON CONTEST

4-H members wanting to test out how much they know about beef, sheep, swine, and goats should plan to participate in the State 4-H Livestock Skillathon Contest. This contest will be held Saturday, April 10 at the Hardin County Extension Office. Participants should be active members of the Livestock Club and actively studying for this contest. Contact Janet Turley if interested in competing in this contest. Below are some resources to study. *Janet is contact agent for Livestock Skillathon Contest.* 

Livestock Discovery Website: <u>http://afs.ca.uky.edu/livestock-discovery</u>

Breeds ID: https://youtu.be/eBt3LBbetxU

Equipment ID: https://youtu.be/Jq06s\_uX\_ks

Feed ID and Label: <u>https://youtu.be/\_IPIauyGhyI</u>

Quality Assurance:

https://youtu.be/FkIyGrvM23I

### COUNTY FAIR: LIVESTOCK SHOWS

Mark your calendars for the 2021 SOKY Fair Livestock Shows. This year our show schedule will be the following:

> **Monday, July 19- Beef Show** 5 p.m. registration and 6 p.m. show starts

**Tuesday, July 20- Sheep, Goat, Alpaca Show** 5 p.m. registration and 6 p.m. show starts

**Thursday, July 22- Dairy Show** 9 a.m. registration, show starts at 10 a.m.

**Thursday, July 22- Poultry Show** 5 p.m. registration, show starts at 6 p.m.





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## WARREN COUNTY 4-H CALENDAR

The following is a listing of upcoming 4-H events and activities. Anyone needing additional information concerning any of these events prior to our next mailing can contact our office:

By	Phone:
	Email:

By Mail:

(270) 842-1681 Janet Turley ~ jturley@uky.edu Julie Brown ~ julie.brown@uky.edu 5162 Russellville Road, Bowling Green, KY 42101

## DATES TO REMEMBER

February 19 February 22 February 26	Virtual Capitol Experience Deadline Virtual Communications Workshop Written Communication Contest Deadline Virtual Teen Summit Deadline Virtual Capitol Experience (12:00-3:00pm)	PUT THIS on your calendar!
March 18-20 March 31	Virtual Teen Summit Poster Art Contest Deadline	
April 5 April 12 April 13	Communication Contest & Mock Job Interview Deadline to Reg Communication Contest Deadline for Video Link Email Mock Interview Contest	gister

## MAKE FAMILY MEAL TIME A PRIORITY

Sometimes a simple act can have helpful, long- term benefits. Parent and health experts say that is just the case with family mealtimes. Eating and talking together helps to:

- Support family unity
- Stop behavior problems at home and school
- Boost academic success
- Improve diets
- Promote healthy weight for kids

With this list of benefits, it is worth making the time and effort to enjoy more family meal times each week. Look for easy ways to add just one family meal to the schedule. If evenings seem too hectic for family dinners, set aside time for a weekend breakfast or lunch. After a few months of this new pattern, you can add one more family meal each week. Before you know it, you will be eating together on most days.

Source: Adapted from <u>https://www.eatright.org/food/</u> <u>nutrition/eating-as-a-family/raise-healthy-eaters-in-the-</u> <u>new-year</u>

## **4-H VIRTUAL CAPITOL EXPERIENCE**

Warren County 4-H members will travel virtually to the Kentucky Capitol on Friday, February 26<sup>th</sup>. During Capitol Experience youth will tour the Capitol, Governor's Mansion, and Old Capitol Building, meet with legislators, play interactive games to learn more about Kentucky history, and write a bill. If you are interested in attending the Virtual Capitol Experience, please RSVP by February 19<sup>th</sup> to the Warren County Extension Office. The virtual capitol experience will be from 12:00-3:00 p.m. If you have questions, call Julie or Janet at (270) 842-1681.

*Julie or Janet is contact agent for 4-H Capitol Experience.* 

### PUBLIC NOTIFICATION

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