

CROSSVILLE, TENNESSEE

Fabruary 3-6, 2022

THE 4-H SOUTHERN REGION TEEN LEADERSHIP CONFERENCE IS A MULTI-STATE LEADERSHIP EVENT AND IS FOR YOUTH AT LEAST 14 YEARS OF AGE. EVENT HIGHLIGHTS ARE: TASTE OF STATES, T-SHIRT SWAP, 4-H 4K, LEADERSHIP WORKSHOP, ROUNDTABLES, COMMUNITY SERVICE PROJECT, PRIDE OF STATES, DANCES, CAMP FIRE, AND SO MUCH MORE!

CONTACT YOUR LOCAL 4-H PROGRAM FOR DETAILS!

LET'S GET SOCIAL!
FACEBOOK: @4HSRTLC
INSTAGRAM: @SRTLC4H



Southern Region Teen Leadership Conference WINTER 2022

February 3-6, 2022

Subject to Change Due to Weather



Clyde M. York 4-H Center Operates on the Central Time Zone

Thursday

4:00 - 6:00 p.m.	Registration	Rec Hall
4:00 - 6:00 p.m.	Welcome Activities	Rec Hall
5:45 - 7:00 p.m.	Clover Grams Creations Dinner	Dining Hall
6:30pm-7:00pm	Adult Meeting	Rec Hall
7:15 - 8:30 p.m.	Parade of States	Rec Hall
	Welcome to SRTLC!	
8:30- 9:30 p.m.	State Swap Meet	Rec Hall
9:30 – 10:45 p.m.	Camp Fire and Workshop Sign-Ups	Camp Fire/Rec Hall Dining Hall
	Rotation of Team Numbers:	
	8:30-9:15 – Teams 1-5	
	9:15-10:00 – Teams 6-10	
10:45 p.m.	In Your Own Cabin	
10:45 p.m.	Planning Committee	Rec Hall

Friday

<u>Friaay</u>		
6:30 - 7:00 a.m.	Morning Energizer!	Rec Hall
	Tennessee Planning Committee Members	
7:00 - 8:00 a.m.	Breakfast	Dining Hall
8:30 - 9:30 a.m.	Session A Workshops	
9:30 – 9:50 a.m.	Morning Break	
10:00 – 11:00 a.m.	Leadership Workshop	
11:10 - 11:30 a.m.	Networking	
11:30 - 12:50 p.m.	Lunch	Dining Hall
1:00 – 2:00 p.m.	Session C Workshops	
2:10 – 3:45 p.m.	Round Tables	
3:45 -4:00 p.m.	Afternoon Break	
4:00 - 5:30 p.m.	T-Shirt Exchange (Rotation by Sizes)	Dining Hall
	Canteen Open	
5:30 p.m-6:00 p.m.	Prepare for Evening Activities	
6:00 - 7:00 p.m.	Dinner	Dining Hall
7:00- 8:00 p.m.	Pride of States Showcase	Rec Hall
8:00-9:00 p.m.	Panel Discussion	Dining Hall
9:00-9:15 p.m.	Prepare for Dance/Movie/Games	
9:15-10:45 p.m.	Dance (Theme: College/State Spirit!)	Rec Hall
	Movies & Games	Dining Hall
11:00 p.m.	In Your Own Cabin	
11:00 p.m.	Planning Committee Meets	Rec Hall

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Clyde M. York 4-H Center Operates on the Central Time Zone **Saturday**

7:00 - 8:00 a.m.	Breakfast	Dining Hall
8:15 a.m.	Group Photo	
	Board Buses for Off-Campus Event	
9:00 a.m. – 12:00 p.m.	Tennessee Tech	Cookeville, TN
	*Lunch Included	
12:30 p.m.	Service Project	
2:30 p.m.	Arrive Back to Camp	
	Prepare for Afternoon Activities	
3:30-4:30 p.m.	Taste of States	Dining Hall
	Pride of States	Rec Hall
	Rotation By Teams:	
	3:30-4:00 – Teams 1-5 at Taste of States	
	3:30-4:00 – Teams 6-10 at Pride of States	
	4:00-4:30 – Teams 1-5 at Pride of States	
	4:00-4:30 – Teams 6-10 at Taste of States	
4:30-5:00 p.m.	Prepare for Evening Activities	
F 00 C 00	Trife at Char	Dec Hell
5:00-6:00 p.m.	Talent Show	Rec Hall
6.00 7.00 n m	Virtual 4-H 4K Award Ceremony Dinner	Dining Hall
6:00 – 7:00 p.m.		Dining Hall
7:00-7:30 p.m.	Prepare for Dance/Board Games/Movies	
7:30-9:15 p.m.	Dance (Theme: Glow!) Board Games	
	Movies	
9:15 p.m.	Evaluations and Reflections	
9:45 p.m.	In Your Own Cabin	
9:45 p.m.	Planning Committee Meets	Rec Hall
7.43 P.III.	Fianting Committee Weets	Kec nall

<u>Sunday</u>

7:00 – 8:00 a.m.	Breakfast	Dining Hall
8:00 – 9:15 a.m.	Clean Up and Check Out	

4-H Southern Region Teen Leadership Conference Registration Form WINTER 2022



		1												1
Participan	t Last Nai	me:												
Participan	t First Na	me:												
4-H Age:														
0 -														
T-Shirt Size	e: Adult S	izes Only	V	Small	Me	edium	La	rge	XL		XXL	XX	ΚXL	XXXXL
Participan	t Email:													
Participan	t Phone:													
Race:	White		Black		Λma	rican		Asian		Nati	VO		Oth	or.
nacc.	VVIIICC		Diack			ın/Alask	kan	Asian			vc ⁄aiian/Pa	acific		Ci
					Nativ	-				Islar	-			
Ethnicity:	Hispani	c/Latino			Gend	der:		Male		Fem	ale			er (please
			Hispa	nic/Latino									spec	cify):
D	10						. / 0		•					
Parent/Gu Last Name						Name	-	ardian Fi	rst					
Parent Gua								ardian						
Email:					Phone:									
										1				
Emergency								Contact						
Last Name						First I								
Emergency Phone:	Contact							Contact hone:	'					
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Dietary Re	strictions	or Med	dical Res	trictions:										
Include any	y restricti	ons (i.e	-vegetar	ian, recent	surgei	ries,								
etc.)														
=			=		_	-	-							nteer, parent/ lations that will
_	_	-			-		-	_			-			and evaluations
														without impact
on my or my	child's elig	gibility to	participa	ate in the 4-H	H progr	am. I un	dersta	nd that n	ny ch	ild or	I may be	asked	for con	sent before
completing a	survey or	an evalu	ation.											
(Initia	als) 🗆 Yes	□ No I an	n willing	to participat	e—or g	give perr	nissior	n for my c	hild t	to par	ticipate-	—in any	progra	am evaluation.
(Initia	als) 🗆 Yes	□ No The	SRTLC C	ommittee ha	as pern	nission t	o use i	my image	or m	ny chi	ld's imag	e in ma	terials ⁻	for conference.
Delegate:		Print:					Sign	:				Da	ate:	
Parent/Gu	ardian:	Print:					Sign						ate:	

Cooperative Extension Service
Agriculture and Natural Resources

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546







Please print

Activity and Event Acceptance Form

Photo of Participant



Name			
1100000	(Last)	(First)	(M.)
County			. ,
	uardian and participant signatures on lify a member from further participatio		ure to have both bona fide signature
Activity and Event Accep	otance Form for		
-		(event of	r activity)
A. Identification of	Participant		
Date of Birth		Age	Sex: Male Female
Parent or Guardian			
Iome Address			
	(Street/P.O. Box)	((City) (State) (ZIP)
Cell Phone ()	Daytime Phone ()	Nighttii Nighttii	me Phone ()
Vorkplace Address			Phone ()
·	(Address/City/State/2	ZIP)	
Other Emergency Contact (if appropriate)		
		(Na	me)
			()

B. Code of Conduct

This 4-H activity or event is planned, conducted and supervised by UT and TSU Extension. All participants are responsible for their conduct to UT and TSU Extension personnel and/or 4-H volunteers supervising the activity or event. Specific guidelines for conduct include:

- A. Participants shall be in their rooms and quiet at the time determined by UT and TSU Extension personnel and volunteers. Boys are not to go into girls' rooms and girls are not to go into boys' rooms at any time unless accompanied by authorized UT and TSU Extension personnel or adult 4-H volunteers.
- B. Participants shall participate fully in all programs outlined for the activity or event.
- C. Participants shall show respect for the property and facilities used during the activity or event and assume financial responsibility for any damages they cause.
- D. Participants' conduct at all times shall be appropriate to the standards and image of the 4-H program. Tobacco products, drugs, alcohol, weapons and fireworks will not be tolerated at any 4-H event or activity.

Parents and participants understand and accept the responsibility for following the above guidelines, and realize that failure to do so may result in a participant being sent home from the activity or event at his or her own expense and/or made ineligible to participate in future 4-H events or activities.

C. Publicity Release

By indication of signature on the last page, participants authorize the University of Tennessee, Tennessee State University, and the Tennessee 4-H Foundation to photograph, film, audio/video tape, record and/or televise their image and voice, and biographical material, in whole or in part in any medium now known or developed in the future, without any restrictions.

Jame of Eamily Dhees		ed to discriminate aga	inst a child on the basis	of any disability.
Name of Family Physic	•		Phon	e <u>(</u>)
Family Medical/Hospi	ital	(Carrier)		(Policy or Group #)
attach a front and bac	k copy of your insura	ince card below:		, , ,
In.	surance Card (front)			e Card (back)
Penicillin	y to the following drugs' Sulfa Drug icine, food, plant, or in	Tetracycline [Aspirin	
Any condition t	that may require specia		n of activities for medica	_ 0 1
• •	☐ Dentures ☐ Con luding behavior modif		(Explain)ng taken at the present tin	me? Yes No
•				
f yes, explain	edical examination			
f yes, explain Date of most recent me		ns? 🗌 Yes 🗌 No If ye	s, explain	
Date of most recent make you aware of any	current health problem			es and full details below.) No Yes Year D D D D D D D D D D D D D D D D D D D

E. Health and Safety Investigations

On-site authorities may enter a room/facility for purposes of a search without permission of the person occupying a room in order to ascertain health and safety conditions in the room and/or for the purpose of investigating suspected violations of UT and TSU Extension/4-H Youth Development rules and regulations and/or city, state or federal law. In case of an emergency, when there is danger to a person, property or the building, no authorization is required.

F. Consent for First Aid Treatment

Please complete this Consent for First Aid treatment form. This will allow appropriate treatment for your child in the event of minor illness or injury. Check any or all treatments, if available, as your consent. If you do not give us your permission to provide these non-emergency treatments, we will not be able to provide them to your child. Medication may be self-administered under a health care professional's or trained 4-H agent's supervision as appropriate. Conditions in parentheses are examples of the most frequent use of these medications, but may not be the sole use of the medication.

Bausch and Lomb® eye wash or generic equivalent (eye irritation)	
Benadryl® or generic equivalent (rash or bee sting)	
Calamine lotion/Caladryl® or generic equivalent (sunburn or poison	n oak/ivy)
Emetrol® or generic equivalent (nausea)	
Hydrocortisone ointment or other equivalent (insect bites)	
☐ Ibuprofen (pain)	
☐ Imodium AD® or generic equivalent (diarrhea)	
☐ Isodettes® spray or generic equivalent (sore throat)	
☐ Lanacane® spray, Solarcaine® or aloe vera gel (sunburn)	
Milk of Magnesia®, Mylanta®, or generic equivalent (antacid)	
☐ Neosporin® or generic equivalent (topical treatment for cuts)	
Pepto Bismol® or generic equivalent (upset stomach)	
Robitussin® or generic equivalent (nasal congestion/coughing)	
Swimmer's ear solution (earache)	
Tylenol® or generic equivalent (pain)	
Tylenol® cold tablets or generic equivalent (congestion)	
G. Administration of Medication	
Check here if your child,	, will have medication(s) (prescription or
(Name of Participant)	
non-prescription) and is competent to self-administer them under ap	opropriate supervision.

Medications should be sent to the event or activity in the original container and include the following information: (1) Name of child, (2) Name of medication, (3) Dosage and directions, (4) Name of licensed prescriber (if applicable), (5) Name, address and phone number of pharmacy (if applicable), (6) Prescription number (if applicable), and (7) Date prescription was filled (if applicable).

If your child is a participant at one of the Tennessee 4-H Centers (Camps), you must include a **parental consent form for each medication** (prescription or non-prescription) you send with your child. Please consult your County Extension Agent for a form and more information.

H. Emergency I	Medical Re	lease				
In consideration of activity or event, I pridevelop that necessit			understand that a		r a medical emergency r	nay
In the event of injury the University of Ter necessary treatment,	nessee, Tenne	ssee State Univ	ersity, and its repr	resentative(s) or ag	name), I hereby authorize gent(s) to secure any	2
In signing this accept Tennessee State Univ for any side effects o	versity, or camp				ersity of Tennessee, ives or agents) responsib	ole
I further give permiss agent(s) to provide the provider or any hosp permission or a photo	ne medical histo ital to provide i	ory form to hea reasonable and	lth care personnel necessary medica	. I authorize any p l treatment or supp	•	or
I recognize that the e responsibility for pay				_	participants; and, I acce	ept
Required Signa	 tures* - Pa	rent/Guard	ian and Parti	 cipant		
expectations and pro-	cedures as stipt RM. We unders	ulated in the prostand that all of	eceding sections of the following sec	of this ACTIVITY tions must be initial	aled to demonstrate our	
Parent's and Initials	Participant's Initials					
		_	tion of Participa	nt		
		B. Code of C				
		C. Publicity	Release story and Medic	al Dagard		
			d Safety Investig			
		_	or First Aid Trea	•		
		_	inistration of Me cy Medical Appr			
* If for religious reasons order to participate.	you cannot sign t	his section, contac	t your Extension offic	ce for a legal waiver (1	F600C) which must be signe	d in
I have read this Rel assigns and anyone		_	Agreement and	sign it on behalf	of myself, my heirs,	
Signed				Г	Date	
<u></u>	(Pa	rent or Guardian	Signature)		(Month/Day/Year))
Signed				Г	Date	

Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development.

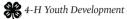
University of Tennessee Institute of Agriculture and county governments cooperating.

UT Extension provides equal opportunities in programs and employment.

(Month/Day/Year)

(Participant's Signature)

University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service



4-H Participant Information/Enrollment Form (NOT FOR RESIDENTIAL CAMP)

Note: The form must be completed by the participant and/or parent or guardian in order to participate in the 4-H program. All items must be completed, even if the response is not applicable – indicate by using N/A (i.e. no health insurance). Failure to complete this form in its entirety will result in the person being ineligible to participate in 4-H activities. Please print in blue or black ink to allow for photocopying.

Name:	County/District:
Last	First
Address:	Birth date:Age: Youth FemaleAdultMale
City:State: KY_Zip:	Email:Home Phone:Farm: □ Yes □ No
Race: ☐ Asian ☐ White ☐ Black ☐ American Indian ☐	□ Hawaiian & Pacific Islander □ Hispanic □ Non-Hispanic Grade:
Emergency Contact #1:	Phone H W C Phone H W C
	Phone H W C Phone H W C
Name of Family Doctor:	Doctor's Phone:
Health Insurance Company:	Policy#:
Name of Policy Holder/Relationship to Participa	nt:MemberID:
	HEALTHHISTORY
	ad, any of the following? Check "Yes" or "No" to each item. Please explain any "yes" space below or on an additional sheet if necessary. Reporting conditions will not ot confidential. Please Explain Any "Yes" Responses:
2) Bronchitis	List and explain any restrictions (dietary, physical, etc):
10) Serious Allergy to Insects	The following over the counter medications may be administered to my child without contacting me:
13) Drug Allergy (please explain)	Antihistamine Pill Antacid Dramamine Acetaminophen (Tylenol) Decongestant Dramamine Antibiotic
	MEDICAL TREATMENT
activities. I hereby give permission to the event design noted and seek emergency medical treatment if warra	mplete to the best of my knowledge. This person has permission to engage in all events and nee to provide routine health care, administer prescription and over the counter medications as inted. I agree to the release of all records necessary for medical treatment, billing or insurance. We permission to the attending physician to secure and administer treatment, including
-	DUDUICITYDELEACE
	PUBLICITY RELEASE y and their agents, the right to use, reproduce, assign and/or distribute still pictures, video and compensation for use in promotion, advertising, educational publications or online content.
SIGNATURE OF PARENT:	NO, I do not permit.

Cooperative Extension Service | Agriculture and Natural Resources | Family and Consumer Sciences | 4-H Youth Development | Community and Economic Development

4-H Youth Development CODE OF CONDUCT FORM (NOT FOR RESIDENTIAL CAMPS)

All 4-H members and family/friends associated with 4-H members must respect the individual rights, safety and property of others and adhere to this Code of Conduct. A 4-H member may be prohibited from participating in a specific event/program if the participation by the individual poses a danger to the 4-H member and/or others. The following guidelines are designed to make all 4-H events safe, meaningful, and satisfying to youth and others attending.

WHILE ATTENDING ALL 4-H MEETINGS, PROJECTS, PROGRAMS, ACTIVITIES AND EVENTS:

- Each 4-H participant is expected to attend all planned sessions, workshops, field trips, and meetings of the event, and to be in appropriate dress. Dress codes will be specific to individual events. Delegation chaperones and/or volunteers are responsible for ensuring that members participate in all aspects of the planned program activities.
- The possession and use of alcoholic beverages, tobacco products, and/or drugs (except for medications prescribed to the participant by a licensed physician) are strictly prohibited. Delegation chaperones and/or volunteers shall limit use of tobacco products to designated areas.
- · Setting off fire alarms, tampering with fire extinguishing and other emergency equipment are strictly prohibited.
- Gambling of any type is strictly prohibited.
- Obscene, discriminatory and/or inappropriate language, roughhousing, and insubordination are prohibited at all times.
- Respect toward others and facilities shall be demonstrated. Bullying, harassment of others or destruction of property shall not be tolerated. Bullying and harassment can include the use of social media.
- Display of overly affectionate or inappropriate attention between participants is strictly prohibited.
- Technological equipment (including but not limited to cell phones, laptops or mp3 players) shall not interfere with the program and may not be allowed in certain situations.
- Each county may adopt additional Code of Conduct guidelines.

WHILE ATTENDING OVERNIGHT CONFERENCES, CAMPS, AND EVENTS, THE FOLLOWING WILL ALSO APPLY:

- All participants are to be in their assigned area at curfew and comply with quiet hours, lights out, and other rules of the event.
- No member or volunteer may leave the grounds without the permission of the conference director or adult in charge. An adult shall accompany a 4-H member any time he/she leave the grounds. Adults shall notify another adult in the delegation before leaving the grounds.
- At overnight events, only Conference participants may be in sleeping areas. Lounges or common areas may be used only for working committees and social activities.
- Room service such as phone calls, food, laundry, or others shall not be permitted without chaperone permission.

Any violations of this Code of Conduct shall be reported promptly to the adult in charge of the delegation/program and to the person in charge of the event. The person in charge of the event shall have the final responsibility for disciplinary action. Failure to comply with the Code of Conduct by 4-H'ers and family/friends associated with the 4-H participant may result in penalty, including, but not limited to, the following:

- Sent home from the activity or event at his/her own expense
- Barred from participation from future 4-H events
- Assessed the cost of damages for destruction of property
- Released to nearest law enforcement authority
- Termination of 4-H membership

l <u>,</u>	, have read the Code of Conduct and agree to abide by its rules.
(Print Name)	
I understand that infraction of this Code of	of Conduct will result in any or all of the penalties listed above.
Member/Volunteer	County
Daront/Cuardian	Data

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.

Southern Region Teen Leadership Conference

February 3-6, 2022 Crossville, TN



WORKSHOPS

1 HOUR TIMEFRAME

We recommend workshops be taught by 2 youth and one adult. It is also recommended that each workshop consist of 30 minutes of hands on activity.

Proposals are due January 14 via https://uky.az1.qualtrics.com/jfe/form/ SV_262epRM45ijjYay

PRIDE OF THE STATES

1 HOUR TIMEFRAME

Show off the awesome events, activities, projects, and experiences happening in your state! Sign-up to bring a display to show off your hard work and maybe someone will get a new idea to take home! There will be prizes for those who participate! Sign-up here by January 14th: https://uky.az1.qualtrics.com/jfe/form/S V_cDaXV2TfKjOMcAe

ROUNDTABLES

20 MINUTE TIMEFRAME

Roundtables are 20 minute guided discussion groups. For each roundtable, the contact will need to devise a topic and a list of guiding questions that will help move discussion along.

Proposals are due January 14 via https://uky.az1.qualtrics.com/jfe/form/ SV_262epRM45ijjYay

TALENT SHOW

1 HOUR TIMEFRAME

We are excited to announce that SRTLC will be hosting a talent show this year! Acts will be performed during certain times of each day. If you are interested in participating, please complete this survey by January 14th to participate: https://tinyurl.com/SRTLCTALENTFORM

SERVICE PROJECT

Each year the conference delegation "adopts" an organization or school to purchase items from their wish list!Bring your monetary donations to contribute---it's not about how much, it's about the act of giving!

NEW THIS YEAR! If you have an organization you'd like to see us adopt please work with your state contact and submit your idea. The organization must have a representative come to camp to collect the items and speak to the delegation.

Submit requests here due January 14: https://uky.azl.qualtrics.com/jfe/form/ SV etfB8UCYA6xN2WW

Southern Region Teen Leadership Conference

February 3-6, 2022 Crossville, TN



T-SHIRT EXCHANGE

Collect t-shirts from other states! Bring up to three t-shirts to exchange! You will turn these in at registration to get a ticket to redeem! Bring t-shirt sizes you'd like to receive!

4-H 4K

More information to follow, but we will encourage attendees to complete the 4K at home before arriving to SRTLC and log their information. We will hold the awards ceremony at SRTLC!

DANCE

There will be a dance on Friday night and Saturday night. Friday night's theme will be "College Pride" and Saturday's theme will be "Glow." You may appropriately dress up for each night's theme (university t-shirts/hats, glow sticks/neon, etc.). We are excited to see your spirit!

SWAP MEET

Bring small items that represent your state to the first-ever SRTLC Swap Meet! No food allowed! Think pencils, pins, sticker, small toys that all might represent your state! Make sure your state is represented through the items you bring. We suggest you bring 20-30 items to swap with others!



