What Are Your Interests??

- □ Food, Nutrition & Health Cultural
- □ Arts and Heritage/Crafts
- □ Environment, Housing & Energy
- □ Family & Individual Development
- Leadership Development
- Management & Safety
- International Programs
- □ 4-H Youth Development





Follow us:

Facebook: @livingwellwarren

YouTube : @Warrences

Instagram: @livingwell_warrenco



What Do Homemakers Do?

- Over 20,000 Volunteer Service Hours
- Donate annually to Ovarian Cancer Research at University of Kentucky
- Help raise funding for community projects
- Help sponsor a scholarship at WKU
- Become active leaders in the area

Membership Fees

Dues: \$13.00

Join an existing club — Attend regular meetings usually monthly,

day or night.

Form a new club -

Minimum of 5 people-call for information! Form a special interest club -book club, quilters, scrapbooking, cooking-you decide!

Enroll as a mailbox member —

Receive information in the mail and attend activities as your time allows-no regular or monthly meetings to attend.

A \$1 contribution is included in dues for the Kentucky Ovarian Cancer Research Fund. Extension Homemaker members, age 50 and above or with family cancer history, are eligible to receive free ovarian cancer screenings at the Markey Cancer Center in Lexington, KY.



University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service



Educational programs of Kentucky
Cooperative Extension serve all people
regardless of race, color, age, sex, religion,
disability, or national origin.

For More Information Contact

Brandalyn Reddick Warren County Extension Agent for Family & Consumer Sciences

Warren County Cooperative Extension Service

5162 Russellville Road Bowling Green, KY 42101

Phone: 270.842.1681

Email: Brandalyn.reddick@uky.edu

Warren



Homemakers Association

Leading

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Why Should You Join Homemakers?

A homemaker's club is a terrific place to meet with friends, socialize and learn new ways to simplify your life. It's a time to share your skills, interests, and learn new and up-to date research all while learning and becoming leaders in our community.

The Kentucky Extension Homemakers Association (KEHA) is a volunteer organization that works to improve the quality of life for families and communities through leadership development, volunteer service and education.

Anyone can belong to The Warren County Extension Homemaker Association! It is open to those of any age, race, color, national origin, creed, marital status, gender, or income level! Any full or part-time homemaker, rural or urban are all welcome.



Homemaker Lessons 2025-2026



2025 Lessons

Share Your KEHA Message

August

Chair Yoga

September

no lesson - Picnics

October

Christmas Decorations

November

Decorative Gift Wrapping

December

no lesson - Christmas Party

2026 Lessons

January

Family Recipes

February

Creating Welcome Communities

March

Protecting Pollinators

April

Stretching Your Dollars

Tips & Tricks for Taking and Preserving Your Photos

June

How Not to Waste Food

Homemaker Clubs

10:00 a.m.

Cross Country 2nd Tuesday

Eastside

3rd Wednesday 11:30 a.m.

Jack &Jill

3rd Thursday 6:00 p.m.

Oakland

2nd Thursday 6:00 p.m.

Sandhill

6:00 p.m. 2nd Monday

Stitchers

1st Saturday 12:00 p.m.

am interested in startinganewclub E. in becoming a Mail Member-. joining a Homemaker'sClub Birthday Yes Yes Yes No No No **Cooperative Extension Service** Brandalyn.reddick@uky.edu Please Return to: 42101

Address

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Telephone